



FRIDAY

JUNE 21, 2019

UNIVERSITY OF CALIFORNIA, IRVINE

9:00AM REGISTRATION

10:30AM OPENING PLENARY

- ❖ *Introduction & Norms*
- ❖ *S.E.E.D. Talk*

12:00PM LUNCH WITH YOUR COHORT

1:15PM JUMMAH PRAYER/BREAK

2:15PM BREAKOUT BLOCK I: CULTURE & CONNECTIONS

- ❖ *Be-a-10 at Attan; Poetry: Afghanistan's Rich Tradition; Afghan Music: Artistry & History; Theft of History: Afghanistan, Cold War, & Jihadism; Healthy Afghan Living; On the Ground in Afghanistan*

3:40PM BREAKOUT BLOCK II:
LEADERSHIP & SKILL BUILDING

- ❖ *Women in the Workplace; Degree to Career; Finance & Investment; Branding; Navigating Undergrad*

5:15PM BREAKOUT BLOCK III: COMMUNITY PART I

- ❖ *Dating & Courtship; Positive Masculinity; Marriage; For the Cultures: Dating, Marrying, and Raising Kids Across the Cultures and Faiths; Civic Engagement: Immigration; Mental Health & Self-Care; Responsibility to Our Homeland; Outlets for Creative Expression - Afghan American Artists and Writers Association; Spirituality: All Paths Lead to Love*

6:45PM DINNER

8:00PM EVENING PLENARY

- ❖ *S.E.E.D. Talk*
- ❖ *Keynote Address*

9:00PM FRIDAY END



SATURDAY

JUNE 22, 2019

UNIVERSITY OF CALIFORNIA, IRVINE

09:00AM REGISTRATION

10:00AM MORNING PLENARY

- ❖ *Introduction to the Day*
- ❖ *Ishaq Scholarship*
- ❖ *S.E.E.D. Talks*

11:20AM GROUP PHOTO

12:05PM BREAKOUT BLOCK IV: PROFESSIONAL ROUNDTABLES

- ❖ *Arts & Media; Consulting; Education; Entrepreneurship; Finance; Government & Policy; Health Professionals; Law; Medicine; STEM*

1:15PM LUNCH

2:25PM BREAKOUT BLOCK V: COMMUNITY PART II

- ❖ *Between the Hyphen; Gender Dynamics; Supporting the Elderly; Manifesting Healthy Relationships; Integrating New Immigrants; Parenting; Mental Health & Self Care; Separation & Divorce; Myth of a Good Muslim*

4:00PM BREAKOUT BLOCK VI: BRAVE SPACES

Brave Spaces house difficult conversations impacting our community. These spaces allow those who are not necessarily affected by any of these issues to listen, be uncomfortable, and challenge themselves.

- ❖ *Ethnic & Religious Minorities; afgLGBTQ; Making Space for Atheist and Agnostic Afghans; #MeToo; Addiction; Mental Health; Invisible & Visible Disabilities; Domestic Violence*

5:40PM RECHARGE/BREAK

6:05PM COHORT MEETING

7:15PM BANQUET

- ❖ *Dinner*
- ❖ *AAC Scholarship & Aid-Work Stipend*
- ❖ *Performances*

10:00PM SATURDAY END



SUNDAY

JUNE 23, 2019

UNIVERSITY OF CALIFORNIA, IRVINE

09:30AM MORNING PLENARY
❖ *Introduction to the Day*

10:05AM BREAKOUT BLOCK VII: GENDER CAUCUSES
Gender Caucuses will be a designated space for each respective group. Our goal is to have discussions about sensitive topics in each caucus. The conversations will remain within that space to encourage open, honest dialogue without fear of judgment.
❖ *Male Caucus; Female Caucus*

11:05AM RECHARGE/BREAK

11:30AM MIXED GENDER TOWNHALL

12:40PM LUNCH

1:45PM BREAKOUT BLOCK VII: REGIONAL ACTION
PLANNING
❖ *DMV; NorCal; SoCal; Tri-State; South/Midwest/Int'l/Other*

3:10PM COHORT DEBRIEF

4:10PM CLOSING CEREMONY
❖ *Announcements*
❖ *Reflect & Share*
❖ *Closing Remarks*

5:15PM CONFERENCE CONCLUDES