



# AFGHAN - AMERICAN CONFERENCE

FRIDAY

JUNE 17, 2022

UNIVERSITY OF CALIFORNIA, DAVIS

8:30AM	REGISTRATION
10:00AM	OPENING CEREMONY <ul style="list-style-type: none"><li>• <i>Introduction &amp; Norms</i></li><li>• <i>S.E.E.D. Talk</i></li></ul>
11:05AM	BREAKOUT BLOCK I: BETWEEN THE HYPHEN <ul style="list-style-type: none"><li>• <i>First Time Participants</i></li><li>• <i>Alumni Partipants</i></li></ul>
11:55AM	COHORT MEETING I: MEET & GREET
12:40PM	LUNCH/JUMMAH PRAYER BREAK
1:40PM	BREAKOUT BLOCK II: CULTURE & CONNECTIONS <ul style="list-style-type: none"><li>• <i>Accessible Afghan Cuisine</i></li><li>• <i>Afghanistan: The Theft of History</i></li><li>• <i>Ahmad Zahir &amp; the Sounds of Afghanistan</i></li><li>• <i>Dance: Artistry &amp; Attan</i></li><li>• <i>What Would Go Inside an Afghan Art Museum?</i></li></ul>
2:50PM	BREAKOUT BLOCK III: LEADERSHIP & SKILL BUILDING <ul style="list-style-type: none"><li>• <i>Breaking Barriers: Women in Entrepreneurship</i></li><li>• <i>Building Generational Wealth</i></li><li>• <i>Building Your Career &amp; Climbing The Ladder</i></li><li>• <i>Diving into DEI</i></li><li>• <i>Securing the Bag: Academic Scholarships</i></li><li>• <i>Writing and Publishing Afghan Stories</i></li></ul>

4:00PM	BREAKOUT BLOCK IV: INDUSTRY & NETWORKING <ul style="list-style-type: none"><li>• <i>Arts &amp; Media</i></li><li>• <i>Consulting</i></li><li>• <i>Education</i></li><li>• <i>Entrepreneurship</i></li><li>• <i>Finance</i></li><li>• <i>Government &amp; Policy</i></li><li>• <i>Healthcare Professionals</i></li><li>• <i>Law</i></li><li>• <i>Medicine</i></li><li>• <i>STEM</i></li><li>• <i>Tech</i></li><li>• <i>Speed Networking</i></li></ul>
5:10PM	BREAK/ASR PRAYER
5:20PM	COHORT MEETING II: FRIDAY DEBRIEF
5:55PM	CAUCUS I: REGIONAL <ul style="list-style-type: none"><li>• <i>DMV</i></li><li>• <i>NorCal</i></li><li>• <i>SoCal</i></li><li>• <i>TriState</i></li><li>• <i>Between &amp; Beyond Coasts</i></li></ul>
6:55PM	DINNER & COMMUNITY MIXERS
8:05PM	EVENING PLENERY <ul style="list-style-type: none"><li>• <i>Keynote Speech</i></li><li>• <i>Closing Remarks</i></li></ul>
9:00PM	FRIDAY END



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SATURDAY

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UNIVERSITY OF CALIFORNIA, DAVIS

9:00AM	REGISTRATION
9:30AM	COHORT MEETING III: SATURDAY CHECK-IN
10:00AM	MORNING PLENARY <ul style="list-style-type: none"><li>• <i>Opening Remarks</i></li><li>• <i>S.E.E.D. Talk</i></li></ul>
10:50AM	GROUP PHOTO
11:20AM	BREAKOUT BLOCK V: COMMUNITY I <ul style="list-style-type: none"><li>• <i>Gender Dynamics</i></li><li>• <i>Healthy Romantic Relationships</i></li><li>• <i>Mindfulness &amp; Meditation: Tools &amp; Expression</i></li><li>• <i>Poetry in Afghanistan: Becoming the Poem</i></li><li>• <i>Understanding Generational Trauma</i></li></ul>
12:40PM	LUNCH/DUHR PRAYER
1:40PM	BREAKOUT BLOCK VI: COMMUNITY II <ul style="list-style-type: none"><li>• <i>Afghan Enough: Imposter Syndrome in First Gens</i></li><li>• <i>For The Cultures: Dating, Marrying, &amp; Raising Children Across Cultures &amp; Faiths</i></li><li>• <i>Spirituality: All Paths Lead to Love</i></li><li>• <i>Weaving &amp; Wavering: Navigating the Muslim Journey in America</i></li><li>• <i>Wellness Check: Mental Health, Self-Care, &amp; Boundaries</i></li></ul>

3:00PM	BREAKOUT BLOCK VII: BRAVE SPACES <p><i>Participants are able to engage in conversations about sensitive challenges our community faces. Both members of the particular, impacted communities as well as non-members who wish to, respectfully, learn about issues facing these communities are welcome to attend. We respectfully request that sessions noted as safe spaces only be attended by those who personally identify with the subject.</i></p> <ul style="list-style-type: none"><li>• <i>afgLGBTQ+ (Safe Space)</i></li><li>• <i>Domestic Violence</i></li><li>• <i>Ethnic &amp; Religious Minorities</i></li><li>• <i>Invisible &amp; Visible Disabilities</i></li><li>• <i>Making Space for Atheist &amp; Agnostic Afghans</i></li><li>• <i>Pains of the Pandemic: Are We Okay?</i></li><li>• <i>The Stigma of Addiction in the Afghan Community</i></li><li>• <i>Vicarious Traumatization &amp; Secondary Trauma</i></li></ul>
4:20PM	COHORT MEETING IV: SATURDAY DEBRIEF
5:00PM	INTERMISSION/ASR PRAYER
6:00PM	BANQUET <ul style="list-style-type: none"><li>• <i>Opening Remarks</i></li><li>• <i>Dinner</i></li><li>• <i>Performances</i></li><li>• <i>Group Attan</i></li></ul>
10:00PM	SATURDAY END



# AFGHAN - AMERICAN CONFERENCE

SUNDAY

JUNE 19, 2022

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9:00AM

REGISTRATION

10:00AM

MORNING PLENARY

- *Opening Remarks*
- *S.E.E.D. Talk*

10:50AM

COHORT MEETING V: SUNDAY CHECK-IN

11:30AM

CAUCUS II: GENDER

*Gender Caucuses will be a designated space for each respective group. Our goal is to have discussions about sensitive topics in each caucus. The conversations will remain within that space to encourage open, honest dialogue without the fear of judgment.*

- *Women*
- *Men*
- *Beyond Binary*

12:30PM

LUNCH/DHUR PRAYER

1:30PM

TOWNHALL:  
AFGHANISTAN: ON OUR MINDS, IN  
OUR HEARTS

3:00PM

BREAK

3:10PM

BREAKOUT BLOCK VIII:  
CIVIC ENGAGEMENT

- *Activating the Afghan Diaspora for Change: From Bystander to Activist*
- *Newly Arrived Afghans: How to Help*
- *Responsibility to the Homeland*
- *Supporting our Elderly*

4:20PM

COHORT MEETING VI: FAREWELL FOR NOW

5:00PM

CLOSING CEREMONY

- *Gratitude*
- *What's Next*
- *Closing Remarks*

5:30PM

CONFERENCE CONCLUDES